



TELFORD AQUA SC SESSION TIMETABLE

Updated: January 2016

Venue		Tuesday	Wednesday	Thursday	Friday		Sunday		
Oakengates (4 Lanes)	Monday No Sessions		7:30pm - 9:00pm Squad 1-2-3	7:30pm - 8:30pm New to Club Assessments Gala Training	6:00pm - 8:00pm Stages 1-5 8:00pm - 9:00pm Stages 6 -7	Saturday No Swimming Sessions	6:00pm - 8:00pm Squad 1-2-3 & Adults (18+)		
		Abraham Darby (5 Lanes)	7:30pm - 9:00pm Squad 3 Stages 8-9-10				7:30pm - 9:00pm Stages 8-9-10		
Hadley (4 Lanes)		6:00pm - 8:00pm Squad 1-2	7:00pm - 8:00pm Stage 5 - 10 (Dev Session)	8:00pm - 9:00pm Adults (18+)					
Wrekin (6 Lanes)				7:30pm - 9:00pm Squad 1-2-3 Adults (18+)	7:30pm - 9:00pm Squad 1-2-3			7:30pm - 9:30pm Synchro Team	
Cosford 30m (6 Lanes)					6:00pm - 7:30pm Synchro Team				
Much Wenlock								11:00am - 1:00pm Synchro Team	